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| Name: MR.NISCHAL UPADRI | Reg No: 06-1SMHC19 |
| Age / Sex:35/M | Contact No:9900110484 |
| Marital Status:ML- 8 YEARS | Date:11/1/19 |
| Occupation:DIGITAL MARKETING OWNS A COMPANY | Dr. PJFP |
| Address:NATIVE OF MYSORE. IN BLORE SINCE 2004 | DIAGNOSIS- |

1. ACNE WITH SCARS BLACKISH SINCE TEENS.NOW IT IS MORE SCARRING.

BACK. CHEST, ARMS, FACE.

1. GASTRITIS SINCE 10 YEARS.

BURP IT BURNS AND GETS HEADACHE. RETROSTERNAL. STAYS FR 1-2 DAYS.

<CHAPATHI, ROTI.

ADDICTED TO DARTS USE TO TAKE 2 /DAY. EARLIER. BUT NOWADAYS FROM 2 YRS. OCCIPETAL NECK PAINS A LOT. >HOLDING THE HEAD.

1. COUGH FROM 8-10 MONTHS.

< EATING.

PAST H/O:

* RECC TONSILLITIS. 5-6 YEARS TONSILLECTOMY DONE THEN..

PERSONAL H/O:

LIKES FRIED FOODS. DEEPLY FRIED.

RX:

1. CARBO VEG30 – 4-4-4 B/FOOD. 2 DRM PILLS B/FOOD.
2. CARBO VEG 3X 2-2-2.
3. LYCO 200 – 1 DOSE – STAT.
4. RUB 15 – 1 TAB NIGHT B/FOOD.